

Bowhill Loop



DISTANCE

7 miles / 11km

ALTITUDE GAIN

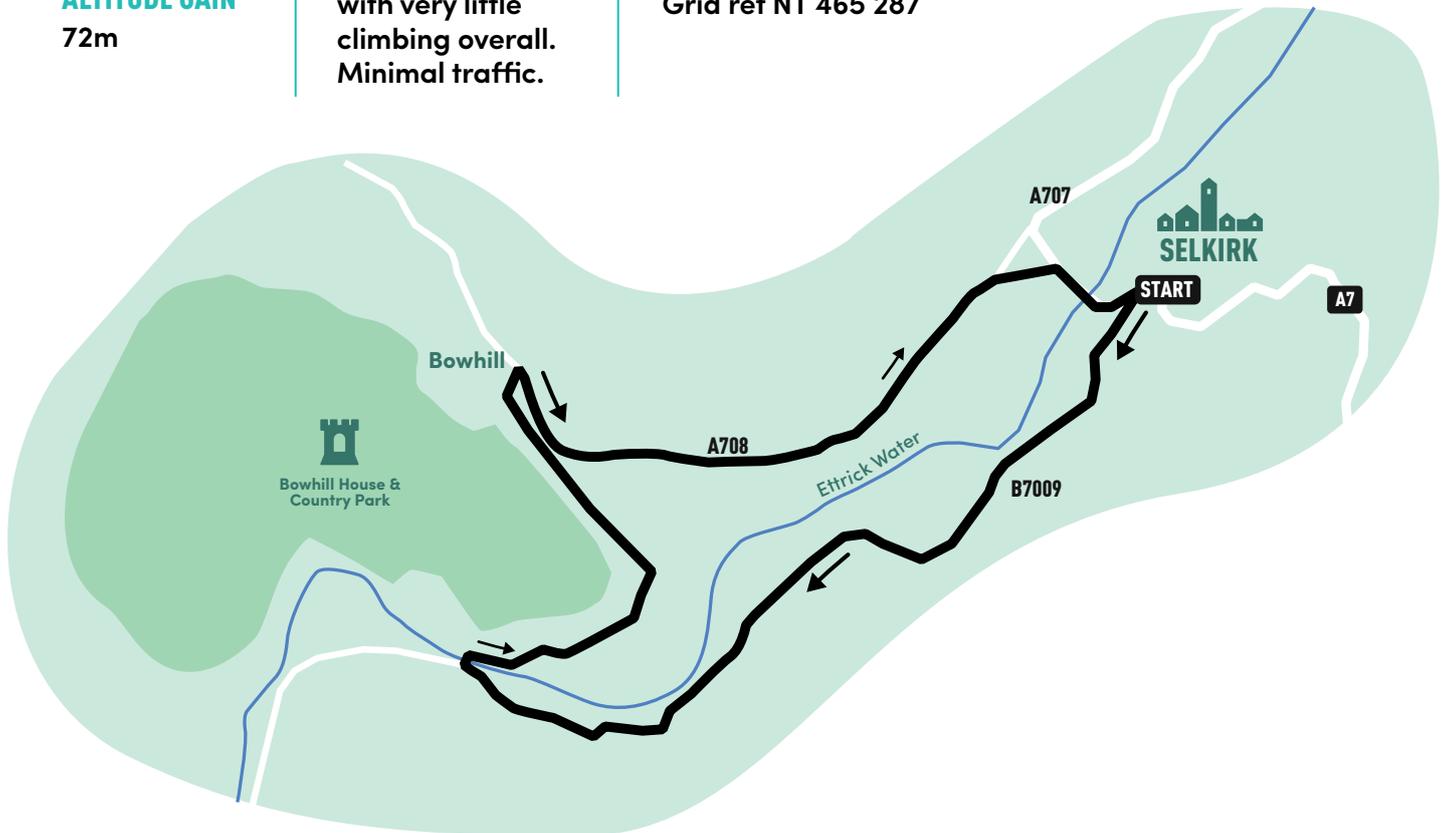
72m

LEVEL

Easy.
Low level route
with very little
climbing overall.
Minimal traffic.

START/FINISH

Victoria Park Car Park,
Selkirk TD7 5DN
Grid ref NT 465 287



This short loop travels east of Selkirk with a gradual climb out of the town before descending into the Ettrick Valley. The route is undulating with a couple of climbs before dropping down to the Ettrick Water at Carterhaugh Bridge. It's worth visiting Bowhill Country Estate before returning to Selkirk too.

TURN LEFT out of the Victoria Park car park onto the riverside path. Initially flat, the path soon climbs steeply up to Buccleuch Road (it may be necessary to get off and push). Turn right onto Buccleugh Road, then left, uphill, into Yarrow Terrace. Take the first turning on the right, Ettrick Road.

THE CLIMBING continues until just beyond the edge of the town, followed by a gradual descent into the Ettrick Valley. The going is then easy as far as Oakwood Mill from where there is a stiff climb of about 1/4 mile. Ignore a turning on the left just beyond the end of the climb and continue along a mildly

undulating stretch before dropping sharply down to the Ettrick Water at Carterhaugh Bridge (3 m).

TURN RIGHT over the bridge. The next 11/2 mile stretch is very pleasant and mostly flat, with only a short climb at the far end near the entrance to Bowhill House and Country Park (on the left) and then a short drop over the Yarrow Water to a T junction with the A708 .

TURN RIGHT towards Selkirk, following an estate wall on the left and the Yarrow Water on the right. This section is wooded on both sides to start with, but it becomes more open on the right once the

YARROW WATER diverges from the road. Nearing the town, ignore a turning on the left, then turn right at the following T junction. Turn left, immediately after crossing the Ettrick Water, into Buccleuch Road and follow the outward route back to the leisure centre car park.

ALTHOUGH THE views are not as good in the opposite direction, the route is easy to follow, using yellow trail signing as far as Carterhaugh, where a left turn should be taken back towards Selkirk. On re-entering the town, magenta trail signing will take you back to the starting point.