

Traquair House

**DISTANCE**

13 miles / 21km

ALTITUDE GAIN

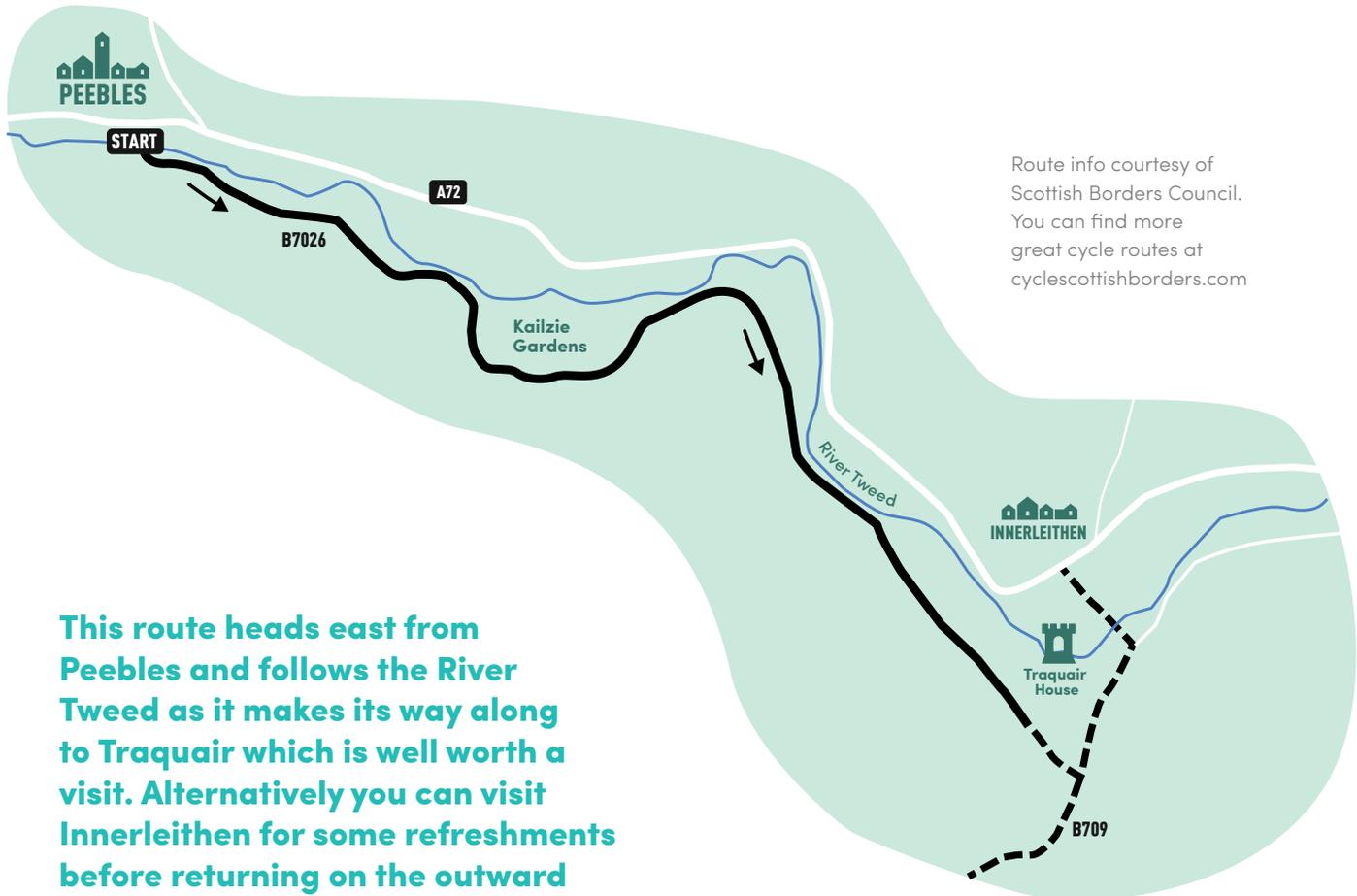
XXXX

LEVEL

Easy.
Low level route
with little climbing.
Minimal traffic, and
some traffic free.

START/FINISH

Kingsmeadows Road car park,
Peebles EH45 9LB
Grid ref NT 251 401



Route info courtesy of
Scottish Borders Council.
You can find more
great cycle routes at
cyclescottishborders.com

This route heads east from Peebles and follows the River Tweed as it makes its way along to Traquair which is well worth a visit. Alternatively you can visit Innerleithen for some refreshments before returning on the outward route back to Peebles.

TURN LEFT out of the car park into Kingsmeadows Road (B7062). A cycle lane is soon reached and this continues out to the 30mph signs on the edge of the town. The grades are generally easy along this road until the entrance to Kailzie Gardens (2 m / 3 km) is reached.

HERE THE road turns south to bypass the gardens and the next mile or so undulates with some moderate climbing. It then drops back down to Kirkburn (forest walks and cycle trails) where a long, level, tree lined section leading to Cardrona starts.

THE PROSPECT is then more open for the next easy mile before the road again enters riverside woods. It re-emerges at Old Howford for the final mile and a half to Traquair House entrance and Bear Gates. This last section is more undulating, but still quite easy.

THE TRAIL ends here - return to Peebles by retracing the outward route, or carry on through the grounds of Traquair House and then turn left to Innerleithen, where the Tweed Valley Railway Path offers a mostly flat and car-free return to Peebles.

TRAQUAIR HOUSE is well worth a visit (and not just for the tearoom!), but if it is closed, Innerleithen offers a selection of cafes pubs serving food.

ANOTHER POSSIBLE short extension is to Traquair Church at Kirkhouse. Continue eastwards from the Bear Gates on the B7062, but turn right immediately after crossing Knowe Bridge onto a quiet lane leading past Traquair Mill. Bear right on to the B709 to Kirkhouse.

Note: Neither of these two extensions has cycle trail signing.